

COCO Pure Coconut Water and Smoothies



Coconut Water - fad or good health?

Coconut Water is the latest health product on the rise, and there's good reason for this. Pure green coconut water contains a multitude of good vitamins, minerals and natural growth hormones which can help in injury and illness recovery and promote general good health. Green coconut water is the ideal natural sports recovery drink, as it has no added sugar, colour, preservatives, and roughly 30 times more potassium than most popular sports drinks on the market.

Coco Pure coconut water and smoothies are manufactured using a patented cold filtered process, all nutrients are retained to provide the most natural and beneficial products available on the market today.

Extra Virgin Coconut Oil and why the demand is growing for it?

New research is verifying that organic extra virgin coconut oil is the best oil for your health, weight management and has the potential to cure many of the ailments that have manifested in our bodies through having a highly refined diet.

What Coconut DOES do:

- It supports healthy metabolic & thyroid function that promotes weight loss.
- It Coconut oil is the only natural source of beneficial Lauric acid other than human breast milk.
- It has a mild delicate flavour.
- It is highly resistant to spoilage due to the antioxidant nature of the oil
- It is heat resistant (the healthiest oil for cooking).
- It helps prevent premature aging.
- It functions as a protective antioxidant which may reduce risk of cancer. and degenerative conditions.
- It supports immune system function.
- It helps prevent bacterial, viral, and fungal (including yeast) infections.

What Coconut DOES NOT do:

- It does not increase blood cholesterol level.
- It does not contribute to heart disease.
- It does not contribute to weight problems.
- It does not contain trans fats & is NOT hydrogenated.



More Taste. More Energy. More Life.™